



Behavioral Health Walk-In Urgent Care at Luminis Health

Luminis Health's behavioral health pavilion in Lanham connect patients **ages 4 years and up** to walk-in urgent care services for people needing non-emergency, non-life-threatening behavioral health care.

This service is unique in Prince George's County. We can evaluate and help connect patients to resources, including therapy and medication.

Our services can be a valuable resource for anyone experiencing:

- Moderate to severe psychiatric symptoms that need to be addressed in less than 24-72 hours
- Increasing symptoms of depression, anxiety, substance use
- Decreased effectiveness of medication
- A need for medication management for patients who currently don't have a provider or whose provider is temporarily unavailable

Patients will receive a mental health evaluation by a Mental Health Clinician or Psychiatric Nurse Practitioner based on the patients' needs. Patients in crisis (danger to themselves or others) or medically unstable will be referred to the emergency department. Patients needing ongoing services will be referred to the Lanham Behavioral Health Clinic or a community partner based on need.

**To refer a patients call
(301) 623-4350**

**Luminis Health
Doctors Community Medical Center
Behavioral Health Pavilion**
8200 Good Luck Road,
Lanham, MD 20706

Hours: Mon–Fri 8 am to 5:30 pm

Where Should I Go for Behavioral Health Care?

Behavioral Health Walk-In Urgent Care



- Moderate to severe psychiatric symptoms that need to be addressed in less than 24-72 hours
- Increasing symptoms of depression, anxiety, substance use
- Decreased effectiveness of medication
- Symptoms are likely to worsen without treatment

Inpatient Substance Use Treatment



- Need for 24 hour treatment for substance use
- Need for medications for withdrawal management
- Need separation from triggers of substance use
- Recent substance use without a supportive environment

Mental Health or Substance Use Outpatient Treatment



- Recent substance use without withdrawal symptoms
- No life threatening conditions or significant threats to safety
- Desire to initiate medication for mild to moderate symptoms
- Desire for support in the form of group or individual counseling
- Daily activities are manageable for 3-4 weeks, even if difficult
- Waiting for a scheduled appointment seems reasonable

Emergency Room



- Suicide attempt or suicidal thoughts with intent
- Self-harm that requires significant medical treatment such as stitches
- Active psychosis that is endangering someone (i.e., causing aggression, agitation, paranoia, etc.)
- Severe side effects from medication
- Acting on delusions in an unsafe manner
- Uncontrolled mania
- Overdose

You should never feel embarrassed about needing help to feel your best. Just like for any other health care concern, you need a health care professional to address your mental health. Getting the help you need, sooner rather than later, can help you to get on the path to recovery.

Whether you're looking for urgent behavioral health care, talk therapy, help with substance use, or any other kind of mental health care, these options can help you decide what you need and where to find it.

Learn more at

Luminis.Health/BehavioralHealth

Luminis Health J. Kent McNew Family Medical Center

175 Harry S. Truman Pkwy., Annapolis, Md. 21401
Phone: 667-204-7300

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8200 Good Luck Rd., Lanham, Md. 20706
Phone: 301-623-4350

Luminis Health Pathways

2620 Riva Rd. Annapolis, Md. 21401
Phone: 443-481-5400